

Family Support Tool Kits

www.autismspeaks.org/family-services/family-support-tool-kits

PARENT SUPPORT TOOL KIT



A Parent's Guide to Autism is specifically designed for parents of children diagnosed with autism. This tool will help parents:

- Learn about autism and how it may impact your family.
- Find strategies and resources for raising a child with autism.
- Find support so you don't feel alone or isolated.
- Reduce the negative impact of the diagnosis on your family.
- Promote a positive future for your child and family.

SIBLING SUPPORT TOOL KIT

A Sibling's Guide to Autism is for children who have a brother or sister diagnosed with autism. Though the guide has been designed for children ages 6-12, the information can be adapted as needed to other ages and education levels. The guide is written in an interactive format so parents and siblings can set aside some quiet time to read the guide together. The intention is to create an opportunity for siblings to focus on their feelings and reactions to their sibling's diagnosis, and get more information about autism.



GRANDPARENT SUPPORT TOOL KIT



A Grandparent's Guide to Autism is designed specifically for grandparents of children who have been diagnosed with autism. This guide will help grandparents to:

- Learn about autism and its impact on your family.
- Discover ways to support your children who may be struggling with their child's autism diagnosis.
- Find ways to develop the best relationship you can with your grandchildren.
- Feel supported and encouraged so you do not feel lonely or overwhelmed.

FRIEND SUPPORT TOOL KIT

A Friend's Guide to Autism is specifically designed for friends of families affected by autism. This tool kit will serve as a guide to help you learn:

- More about autism.
- How your friend may be feeling if this is a new diagnosis.
- How to support your friend.
- How you and your family can interact with and support the child with autism.

